

## HEALTH INFORMATION LIBRARY

Questions about your health? Our new Health Information Library provides you with articles, videos and a complete encyclopedia of health and wellness information. And it's not just for you—the library has tools, tips and answers to health questions concerning every member of the family. It's a complete health resource at your fingertips!

At home? At work? Access the Health Information Library directly from www.ob-gynassoc.com any time, anywhere.

Get simple, instant access to:

- Health and wellness articles
- Healthy recipes and nutritional facts
- Health tips
- Symptom checker and care guides
- Drug reference library
- Diseases and conditions library
- Test and immunization database
- · Herb, vitamin and supplement database
- Risk assessments, quizzes and calculators
- Personalized goals and email reminders



855 A Ave. NE • Cedar Rapids, Iowa • Phone: (319) 368-5500 • Fax: (319) 368-5503 Hours: Mon-Fri, 9a.m.-5p.m. • www.ob-gynassoc.com

